Cannellini Bean Waffles







SERVING SIZE: 8

Ingredients

- 1 1/2 cups All-Purpose Flour
- 1 tablespoon Baking Powder
- 1 teaspoon Sugar
- 1/2 teaspoon Sea Salt
- 15 1/2 ounces Furmano's White Kidney Beans (Cannellini Beans), Drained
- 1 liquid cup Buttermilk
- 2 each Eggs
- 3 tablespoons Olive Oil

In This Recipe



White Kidney Beans (Cannellini Beans) - 15.5 oz.



Low Sodium - All Natural White Kidney Beans (Cannellini Beans)

Preparation

- 1. In a medium bowl combine flour, baking powder, sugar and salt and whisk together.
- 2. In a food processor or blender, puree the beans, then add in buttermilk, oil, and eggs, puree until smooth.
- 3. Whisk the wet mixture into the dry slowly to avoid lumps, let batter rest briefly.
- 4. Cook waffles according to waffle maker instructions.

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