

Courgette E Tomato



FOODSERVICE

SERVING SIZE: 16

Ingredients

- 3 cups Zucchini Sticks
- 1 1/2 cups **Furmano's Black Beans**, Drained & Rinsed
- 2 teaspoons Minced Garlic
- 1 cup Halved Grape Tomatoes
- 1/4 cup Green Onion, Sliced
- 4 fluid ounces Water
- 1/2 teaspoon Salt
- 1/8 teaspoon Black Pepper
- 1 liquid tablespoon Red Wine Vinegar
- 1 teaspoon Dry Oregano

In This Recipe



Black Beans, Low Sodium -
Bella Vista



Black Beans in Brine

Preparation

1. Place all ingredients in a large mixing bowl. Gently toss together to incorporate.

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