Hearty Potato and Lentil Salad



FOODSERVICE

SERVING SIZE: 4

Ingredients

- 1 unit Lemon for Zest/Juice
- · 2 cups Fresh Asparagus, sliced
- 5 cups Fingerling Potatoes, sliced
- 2 teaspoons Olive Oil
- 1/2 teaspoon Salt
- 1/4 teaspoon Black Pepper
- 2 cups Furmano's Fully Cooked Lentils, drained and rinsed
- 1/4 cup Green Onions, Sliced
- 1/2 cup Sun Dried Tomato Strips
- 1/2 cup Feta Cheese, Crumbled
- · 2 cups Baby Arugula
- 1 unit Avocado, Sliced
- 1/4 cup Italian Dressing

Preparation

- 1. Preheat oven to 425F. Zest and Juice Lemon, set aside.
- 2. In a medium sized mixing bowl toss Potatoes with Olive Oil, Salt and Pepper. Roast for 12 minutes.
- 3. Add Asparagus to baking sheet with Potatoes and bake for another 12-14 minutes until the potatoes are tender a little crispy.
- 4. In a medium sized mixing bowl combine Lentils, Green Onions, Sun Dried Tomatoes, Feta, Baby Arugula. Toss.
- 5. Add Potatoes and Asparagus to mixture and toss. Top with slices of Avocado and drizzle the Italian Dressing on top.

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In This Recipe



Fully Cooked Lentils - 24 oz.



Fully Cooked Lentils - 108 oz.