Hummus Chicken Salad







SERVING SIZE: 26

Ingredients

- 2 cups Furmano's Chick Peas (Garbanzo Beans), Drained & Rinsed
- 2 tablespoons Tahini Paste
- 2 tablespoons Lemon Juice
- 2 each Garlic Cloves
- 1/4 cup Water
- 1 cup Plain greek yogurt
- 1/4 cup Shallots, Minced
- 2 pound Rotisserie chicken, shredded
- 1 1/2 cups Crumbled feta cheese
- 1/2 cup Grape tomatoes, halved
- 3/4 cup Kalamata olives
- 1 1/2 teaspoons Salt
- 3 tablespoons Parsley, Chopped

In This Recipe



Chick Peas (Garbanzo Beans) - 15.5 oz.



Pouch Organic Chick Peas (Garbanzo Beans)



Organic Chick Peas (Garbanzo Beans)

Preparation

- 1. In a food processor, add Furmano's Chick Peas, tahini paste, lemon juice, garlic and water. Puree until smooth.
- 2. Mix puree with greek yogurt and shallots.
- 3. In a large bowl, place shredded chicken, feta cheese, grape tomatoes, and kalamata olives. Toss together.
- 4. Top chicken with chick pea puree mixture and mix to incorporate.
- 5. Add salt and parsley. Toss together and serve.

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