Corn and Black Bean Salad



FOODSERVICE

SERVING SIZE: 35

Ingredients

- 8 3/4 cups Furmano's Black Beans, Drained & Rinsed
- 2 1/6 cups Diced Red Pepper 1/4 inch
- 2 1/6 cups Thawed Whole Kernel Corn
- 2 1/6 cups Prepared Italian Dressing
- 3/4 cup Red Onion, Finely Diced
- 3 7/8 tablespoons Chopped Parsley

In This Recipe



Black Beans, Low Sodium -Bella Vista



Black Beans in Brine

Preparation

1. Add all ingredients to a mixing bowl and toss together gently. ***Also, increase dressing, and create a finished topping for a tossed salad. All you need to finish are greens.

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