Chili Mint Chick Peas



FOODSERVICE

SERVING SIZE: 28

In This Recipe

- 1 1/4 cups Water
- 1/2 cup Lemon Juice
- 2 tablespoons Honey
- 1/2 teaspoon Salt
- 5 cups Furmano's Low Sodium All Natural Chick Peas, Drained and Rinsed
- 1 tablespoon Green Chili Peppers, Sliced thin
- 1 tablespoon Red Chili Peppers, Sliced thin
- 1 cup Fennel, sliced
- 2 cups Feta Cheese, Diced
- 3 tablespoons Sliced Almonds
- 1 tablespoon Chopped Mint

Preparation

- 1. Add Olive Oil, Lemon Juice, Honey, and Salt in a large bowl and whisk to incorporate
- 2. Combine Furmano's Chick Peas, Green Chili Peppers, Red Chili Peppers, Fennel, Feta, Almonds, and Mint and toss with dressing.
- 3. Marinate salad for at least 1 hour before serving

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