

Savory Pumpkin Hummus



FOODSERVICE



SERVING SIZE: 16

Ingredients

- 3 each Garlic Clove, Peeled
- 2 cups **Furmano's Garbanzo Beans (Chick Peas)**, Drained & Rinsed
- 1 3/4 cups 100% Pure Pumpkin
- 1/2 teaspoon Kosher Salt
- 1 teaspoon Ground Cumin
- 3 tablespoons Fresh Lemon Juice
- 1 tablespoon Olive Oil

In This Recipe



Pouch Chick Peas for Hummus - No EDTA



Chick Peas (Garbanzo Beans) - 15.5 oz.



Extra Fancy Chick Peas (Garbanzo Beans)

Preparation

1. Put Garlic Cloves in food processor and process until finely chopped.
2. Add the rest of the ingredients to the food processor and puree until smooth.

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