

Farro Arugula Salad with Feta



FOODSERVICE

SERVING SIZE: 8

Ingredients

- 2 cups **Furmano's Fully Cooked Farro**, Drained & Rinsed
- 2 1/2 cups Arugula
- 1/3 cup Feta Cheese, Diced
- As Needed Roasted Lemon Vinaigrette
- 1/4 Roasted Lemon Juice
- 1/4 Olive Oil
- 1 teaspoon Pure Maple Syrup
- 1 tablespoon Shallots, Minced

In This Recipe



Fully Cooked Farro - 24 oz.



Fully Cooked Farro - 96 oz.

Preparation

1. In a food processor combine Roasted Lemon Juice, Maple Syrup and Shallots. Pulse until combined. With the food processor running, add Olive Oil in slowly, let emulsify. Reserve.
2. In a medium sized mixing bowl combine Farro, Arugula and Feta Cheese. Slowly drizzle in the Roasted Lemon Vinaigrette. Toss salad.

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