Quinoa Bites



FOODSERVICE

SERVING SIZE: 24

Ingredients

- 6 cups Furmano's Fully Cooked Quinoa
- · 2 each Eggs
- 1 cup Chopped Onion
- 1 cup Mozzarella Cheese
- 1 1/2 teaspoons Minced Garlic
- 1/2 cup Chopped Basil
- 1/3 cup Chopped Grape Tomatoes
- 1/2 teaspoon Salt
- 1/2 teaspoon Black Pepper
- 1 teaspoon Chili Powder
- 2 tablespoons Sliced Green Onion

In This Recipe



Fully Cooked Quinoa - 24 oz.



Fully Cooked Quinoa - 96 oz.

Preparation

- 1. In a large bowl, mix together All ingredients until well blended
- 2. Preheat oven to 350°. Spray Muffin tin with non-stick cooking spray
- 3. Using a tablespoon, fill muffin tin with quinoa mixure. Bake for 20 minutes until cooked through and browned on top

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