Black Bean Soup



FOODSERVICE

SERVING SIZE: 16

Ingredients

- 1/4 cup Olive Oil
- 2 cups Onion, Diced
- 1 cup Red Pepper, Julienne
- 1 cup Green pepper, Julienne
- 1/2 cup Jalapeno, Diced
- 3 tablespoons Fresh Garlic, Minced
- 3 tablespoons Cumin
- 4 cups Furmano's Black Beans, Drained & Rinsed
- 1 quart Chicken Stock
- 1 tablespoon Salt
- 1/2 tablespoon Black Pepper

In This Recipe



Black Beans - 15.5 oz.



Pouch Organic Black Beans In Brine



Pouch Black Beans in Brine



Organic Black Beans

Preparation

- 1. In a large pot over medium heat add Olive Oil.
- 2. Add Onions, Red Bell Pepper, Green Bell Pepper, and Jalapeno. Saute until vegetables are just starting to caramelize.
- 3. Add Garlic and Cumin, saute for two minutes.
- 4. Add Black Beans and Stock and heat to 165F.
- 5. Using a blender, stick blender or food processor puree soup.

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