

Maple Walnut Dessert Hummus



FOODSERVICE

SERVING SIZE: 8

Ingredients

- 1 1/2 cups **Furmano's Chick Peas (Garbanzo Beans)** , Drained & Rinsed
- 1/4 cup Full Fat Plain Greek Yogurt
- 1/4 cup Glazed Walnuts
- 1/4 cup Pure Maple Syrup
- 3 tablespoons **AQUAFABA**

In This Recipe



Chick Peas (Garbanzo Beans) - 15.5 oz.



Organic Chick Peas (Garbanzo Beans)

Preparation

1. In a food processor, combine all ingredients and blend for one minute until smooth. Scrape down sides and blend again for thirty seconds.

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