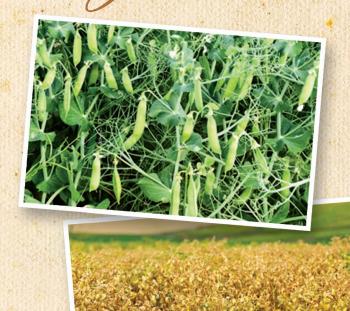






grown to be the best



HARVEST — picking the finest beans

At Furmano's, the care we take in producing our batch-crafted beans begins long before they reach our processing facility. It all starts with the special relationships we have with our growers. Furmano's works closely with a network of hand-picked farmers, many of whom have generations of experience growing beans.

- Rigorous quality standards
- Careful crop selection
- Collaboration with trusted growers

When you choose Furmano's you can be confident you've chosen the finest beans grown.



Garbanzo Bean

FLAVOR: nutlike taste, buttery texture CULINARY: called chick peas; especially popular in Middle Eastern, Indian dishes — hummus, falafels, curries; used in soups and stews as a thickener, and in salads as a protein replacer



healthy and delicious

BEANS - a nutritional powerhouse

Beans are one of those rare foods that are both great tasting and good for you. Perfect for foodservice operators looking to match the better-for-you food trend with better tasting food. High in fiber and packed with protein, low calorie beans are also an outstanding source of vitamins and minerals.

- B Vitamins
- Flavonoids
- Potassium
- Phosphorus
- Magnesium
- Calcium
- Iron
- 7inc

Dark Red Kidney Bean

FLAVOR: robust, full-bodied, soft texture CULINARY: often used in chili; popular in salads; paired with rice



Key benefits of beans

- Good Source of Protein
- High in Fiber
- Cholesterol Free
- Fat Free
- High in Folate
- Rich in Antioxidants
- Low Glycemic Index



Better tasting, better-for-you menu options



FLAVOR: smooth, creamy, mild flavor CULINARY: Popular in Italian Cooking (Pasta Fagioli), Great added as a puree to other dishes



healthy demands

WHOLESOME — beans made better

To further meet today's better-for-you food trend, add one of our batch-crafted bean varieties to your recipes.

Making a healthy food even healthier Furmano's batch crafted beans offer:

- Less than 360mg of sodium per serving meeting FDA "Healthy" food standard
- Low Sodium All Natural formulations with 140mg or less sodium per serving
- Custom No Salt Added formulations
- Organic options

LOW SOBIOW

140 mg or less per serving

100% NATURAL

Low Sodium

- FDA Low Sodium Level of 140 mg or Less
- 50% Sodium Reduction from Regular Beans
- True Bean Flavor

All Natural

- 100% Natural
- No Artificial Additives
- No Artificial Ingredients
- Meets Clean Label Guidelines

Contact Furmano's Corporate Chef for healthy menu ideas at 877-877-6032.



PACKAGING - cans, pouch or bin

Furmano's offers its delicious batch-crafted beans in multiple packaging options. Choose the container that works best for you.

- Traditional #10 cans
- Eco smart, business-friendly pouches
- High volume bulk bins and packaging

Furmano's labeling options

- Furmano's Label
- Buyer Label
- Brite Pallet (no label)
- Bulk Pouch Bin

DELIVERY— strong customer focus

We are committed to ensuring complete on-time delivery. Flexible and quality-driven, we strive to meet the unique needs of every customer.

- Custom packaging
- Smaller minimums
- Quicker turnarounds







The advantages of pouches

- BPA free
- Convenient, easy tear and pour
- No rinsing and crushing
- Light and collapsible for less bulk waste
- Same drained weight as #10 can while reducing shipping weight

We select bean varieties from the best U.S. growing regions

Dark Red Kidney Bean



Light Red Kidney Bean

FLAVOR: robust, full-bodied flavor, soft texture CULINARY: popular in Caribbean region, Portugal, Spain; used in chili, salads: often paired with rice

White Kidney Bean

FLAVOR: smooth, creamy, mild flavor CULINARY: Popular in Italian Cooking (Pasta Fagioli), Great added as a puree to other dishes

Black Bean

FLAVOR: mild, sweet, earthy, meaty texture CULINARY: sometimes called turtle beans; used in classic Latin American, Caribbean and Southwestern (U.S.) cooking in soups, stews, sauces, and sides; popular in vegetarian dishes

Garbanzo Bean

FLAVOR: nutlike taste, buttery texture CULINARY: called chick peas; especially popular in Middle Eastern, Indian dishes — hummus, falafels, curries; used in soups and stews as a thickener, in salads as a protein replacer

Small Red Bean

FLAVOR: similar to red kidney CULINARY: also called Mexican red beans; hold both shape and firmness when cooked; most often used in soups, salads, chili, Creole dishes

Pinto Bean

FLAVOR: earthy flavor, delicate texture CULINARY: closely related to red kidney beans; when cooked, lose natural mottling on skins and turn brown; most often used in refried beans, Tex-Mex, Mexican dishes

Navy Bean

FLAVOR: mild flavor, delicate texture CULINARY: called pea beans; most often used in pork and beans, baked beans; also used in soups and stews; are great pureed; name derived from its heavy usage in the US Navy since 1880's

Pink Bean

FLAVOR: rich, meaty texture CULINARY: similar to pinto beans without the mottling; often used in chili; a favorite in Old West (U.S.) recipes

Great Northern Bean

FLAVOR: mild, delicate CULINARY: A versatile white bean used as substitution for white cannellini or navy bean in recipes; traditionally made in baked bean recipes in the U.S.

Blackeye Pea

FLAVOR: scented aroma, creamy texture, distinctive flavor CULINARY: Popular in southern U.S. foods, used in salads, soups, and sides; known for good luck when served on New Year's Day

Large Lima

FLAVOR: smooth, creamy, sweet
CULINARY: sometimes called "butter beans"; used in
American succotash; good substitute for potatoes or rice;
excellent in soups, casseroles

Source: U.S. Dry Bean Council

Discover more expert information on beans and foodservice recipes:





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