



Ancient Grains. Modern Convenience.

Boost sales with ready-to-go goodness

Serving Ancient Grains has never been so convenient. Furmano's Ancient Grain products are available in a variety of packaging and serving options that meet your specific needs. Whether operators want to prepare custom dishes or offer grab-and-go convenience, Furmano's has an easy and delicious way to offer simple, nutrient-rich foods customers want.

Available In #10 Equivalent Pouches,
24 oz. Pouches and Individually Portioned Cups



Discover our full Tomato, Bean, Vegetable and Ancient Grains lines at furmanosfs.com or call 877-877-6032



Since 1921, Furmano's has infused our batch-crafted philosophy into everything we do. You will taste the goodness that comes from four generations of insight and skill in every one of our products!

FURMANO'S READY-TO-EAT ANCIENT GRAINS TO GO!

Item#	Pack/Size	Brand	Product Description
F14021	12 / 7.5 oz.	FURMANO'S	CHICKPEA CHILI WITH TOMATOES, POBLANO PEPPERS AND SORGHUM
F14022	12 / 6.0 oz.	FURMANO'S	FARRO WITH SUN-DRIED TOMATO
F14023	12 / 7.5 oz.	FURMANO'S	SORGHUM WITH APPLES AND BROWN SUGAR

FURMANO'S FULLY COOKED ANCIENT GRAINS AND LENTILS IN POUCHES

Item#	Pack/Size	Brand	Product Description
F13253	6 / 24 oz.	FURMANO'S	FULLY COOKED QUINOA
F17002	6 / 96 oz.	FURMANO'S	FULLY COOKED QUINOA
F13254	6 / 24 oz.	FURMANO'S	FULLY COOKED RED QUINOA
F17005	6 / 96 oz.	FURMANO'S	FULLY COOKED RED QUINOA
F13255	6 / 24 oz.	FURMANO'S	FULLY COOKED TRI-COLOR QUINOA
F17004	6 / 96 oz.	FURMANO'S	FULLY COOKED TRI-COLOR QUINOA
F13250	6 / 24 oz.	FURMANO'S	FULLY COOKED FARRO
F17000	6 / 96 oz.	FURMANO'S	FULLY COOKED FARRO
F13252	6 / 24 oz.	FURMANO'S	FULLY COOKED SORGHUM
F17003	6 / 96 oz.	FURMANO'S	FULLY COOKED SORGHUM
F13251	6 / 24 oz.	FURMANO'S	FULLY COOKED LENTILS
F17001	6 / 108 oz.	FURMANO'S	FULLY COOKED LENTILS

FURMANO'S FULLY PREPARED SEASONED ANCIENT GRAINS IN POUCHES

Item#	Pack/Size	Brand	Product Description
F13280	6 / 24 oz.	FURMANO'S	FULLY PREPARED CHORIZO FLAVORED QUINOA
F13284	6 / 24 oz.	FURMANO'S	FULLY PREPARED PEPPERONI FLAVORED QUINOA
F13281	6 / 24 oz.	FURMANO'S	FULLY PREPARED ITALIAN SAUSAGE FLAVORED QUINOA
F13285	6 / 24 oz.	FURMANO'S	FULLY PREPARED BREAKFAST SAUSAGE FLAVORED QUINOA
F13286	6 / 24 oz.	FURMANO'S	FULLY PREPARED FARRO WITH SUN-DRIED TOMATOES
F13287	6 / 24 oz.	FURMANO'S	FULLY PREPARED PORCINI FARRO
F13282	6 / 24 oz.	FURMANO'S	FULLY PREPARED SORGHUM WITH APPLES & BROWN SUGAR



To try a FREE sample, visit furmanosfs.com or call 1-877-877-6032