Sweet & Sour BBQ Brisket



FOODSERVICE

SERVING SIZE: 24

In This Recipe

- 1/4 cup Paprika
- 1/4 cup Salt
- · 2 teaspoons Chili Powder
- 2 teaspoons Black Pepper
- 2 teaspoons Onion Powder
- 2 teaspoons Garlic Powder
- · 2 teaspoons Ground Celery
- 8 pounds Brisket
- 1 liquid cup Water
- 6 cups Onion, Large Diced
- 2 1/4 cups Carrot, large Sliced
- 2 1/4 cups Celery, Large Sliced
- 1/4 cup Minced Garlic
- 3 1/2 quarts Furmano's Diced Tomatoes
- 2 fluid ounces Liquid Hickory Smoke
- 1 1/3 liquid cups Water
- 3/4 cup Flour
- 4 fluid ounces Apple Cider Vinegar
- 2 1/4 cups Brown Sugar

Preparation

- 1. Preheat oven to 250*
- 2. In a small container, mix Paprika, Salt, Chili Powder, Black Pepper, Onion Powder, Garlic Powder, and Ground Celery.
- 3. Rub Brisket with the spice mix. Make sure to cover entire surface area. Refrigerate overnight.
- 4. In a large oven able pot, heat Olive Oil. When oil is hot add Brisket and sear all sides. Remove from pot.
- 5. Add Onion, Carrot, Celery, and Garlic. Saute' until vegetables become tender.
- 6. Add Furmano's Diced Tomatoes to deglaze the pot.
- 7. Return Brisket to pot. Pour Liquid Smoke over meat, cover, and place in oven for 4 hours.
- 8. When done, remove brisket, mix together Flour, Water, Brown Sugar, and Cider Vinegar. Add to juice from Brisket. Heat to thicken. Serve over brisket.